

OPERATION

TURN ON: When preparing for sleep, strap the monitor securely to your wrist or ankle and press the button once (same button for “ON” and “OFF”). Three quick beeps will sound to signify it is “ON”. Check the status at any time by pressing the button once for two quick beeps.

WHEN ALARM SOUNDS: The monitor will sound a continuous series of 4 beeps and vibrate when it detects either perspiration or a drop in skin temperature. The monitor will continue to sound until turned off.

TURN OFF DURING ALARM: Pressing the button twice within 1 second will cause the monitor to sound one long beep before shutting off. At this time, appropriate action should be taken to determine if hypoglycemia is present e.g., blood test.

TURN OFF WITHOUT ALARM: While not wearing the monitor, it should be turned off to conserve battery. Do this by holding the button down for 10 seconds to activate an alarm. Upon alarm, press the button twice within 1 second to turn off.

RESET: The monitor should be reset before battery insertion or if it ever fails to operate properly. Do this by removing the battery and holding the button down for 10 seconds.

DETERMINE CAUSE OF ALARM

When awakened by alarm, turn the monitor off while it is still on your wrist. Wait 10 seconds and turn it on again. If it alarms again within the next 60 seconds, **perspiration** was the cause, as it is still present on the surface of the skin. If it does **not** alarm within 60 seconds, it was likely due to a **drop in skin temperature**.

LOG ALARMS

It may be helpful to provide your doctor with a record of the following:

- Date and time of alarm.
- Bedtime blood sugar.
- Blood sugar at time of alarm.
- How you felt (cold, sweaty, confused, other).

ALARM TEST

To test the monitor, turn it on and,

- 1 . Place a wet finger over both metal sensors and hold for 5-10 seconds;
- 2 . The alarm should activate to indicate proper operation;
- 3 . Turn the alarm off by quickly pressing the button twice;
- 4 . If the alarm did not activate, replace the battery and retest;
- 5 . If this fails, return the device for service.

SYMBOL REFERENCE



On/Off



Attention, consult documentation



Type BF Applied Part

BATTERY REPLACEMENT*

The monitor's battery should last at least 6 (six) months under normal usage. To replace the battery, pry the battery drawer open to remove the old battery and perform a reset as described above. Next, insert the new battery with the large flat positive (+) side facing downward and test as described above.

* Dispose of batteries promptly and properly.

WARRANTY

The monitor undergoes extensive testing before being shipped and is guaranteed to be free of manufacturer defects for a period of one year from date of purchase. Giant Biosensor Limited will at its sole discretion repair or replace any defective monitor which is returned prepaid by the purchaser.

Record the serial number and date of purchase prior to shipping.

WARNING

The monitor's two metal sensors must be in contact with the skin prior to turning on in order to establish a baseline skin temperature reference. The sensors must remain in contact with the skin in order to detect a skin temperature drop.

The monitor will not be effective for those who do not exhibit symptoms of perspiration or a drop in skin temperature.

Never immerse the monitor in water or leave in a steam filled bathroom.

Do not substitute the monitor for any other means your doctor has provided you to determine the onset of hypoglycemia.

It is typical for your monitor to sound occasional false positive alarms. These false positives can be greatly minimized by ensuring the band remains snug during sleep. Additionally, wearing on the ankle can be helpful in keeping the device at a constant temperature beneath blankets.

SAFETY

LOW BATTERY: A low battery will automatically be sensed and denoted by a continuous chirp indicating time for replacement.

ACCIDENTAL TURN ON: Repeatedly pressing the button by accident will not interfere with normal operation.

CLEANING: The monitor may be cleaned with a damp cloth.

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